

Minnesota Pain Relief & Wellness Institute

TOP CHIROPRACTORS 2014



DR. JENNIFER KEESEY, DC; DR. BRYAN SULLIVAN, DC; AND DR. JASON WILSON, DC

TOM GEGAX, FOUNDER OF TIRES PLUS, 65, has been utilizing chiropractic care for over 40 years. He bounced from chiropractor to chiropractor until he met Dr. Jason Wilson of Minnesota Pain Relief and Wellness Institute in Roseville. After one visit, he knew he found his “lifetime doctor.”

“Dr. Wilson is thorough, caring and amazingly effective,” Tom says. “He is why I am able to play full court basketball and competitive singles tennis, at age 65, and more importantly – why I can be active with my grandchildren.”

All three doctors on staff, Dr. Wilson, named a 2014 “Top Chiropractor,” Dr. Jennifer Keeseey, and Dr. Bryan Sullivan, make it a point to become familiar with patients so they can personalize treatment plans.

And while hardly anyone will dispute the obvious benefits of feeling better, they don’t just get fixated on trouble spots. They ask about their patients’ lives. “It’s vital to treat a patient where they live,” says Dr. Wilson. “The average patient can reduce their care by almost half if they combine the right adjusting technique with a few meaningful lifestyle changes.”

A very real concern of first-time patients is that the adjustment will hurt. “This is a rational fear, especially if that person is already in a great deal of pain,” says Dr. Wilson, who has been in practice for 18 years. He reassures that every precaution is taken to administer “safe, gentle, and pain-free adjustments.”

Most patients see such positive results so quickly, that they wish they had discovered Minnesota Pain Relief and Wellness much, much sooner.

In addition to conventional adjustments, Minnesota Pain Relief and Wellness Institute is the home to an innovative proprietary technique, ALSS. This technique utilizes a combination of muscle strength testing, stretching, manual therapy, and adjustments that “instantly improve the nerve signal and coordinate body function.”

According to Dr. Wilson, only a handful of all chiropractic offices offer anything similar, due to the specialized training necessary to perform this technique and the fact that some extra time is spent to make sure each visit is specific for the individual patient.

Dr. Wilson and the chiropractic staff at Minnesota Pain Relief and Wellness Institute seek to understand their patient’s complete health picture, then surpass their expectations with fast pain relief, caring service, and dedication to lasting improvements in function and health.

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